

**Mid-Can Masters Swim Club
Annual General Business Meeting
October 21st, 2017**

Attendees: Wenda Dickens, Bozidar Modrcin, Colleen Metge, Rhonda Leger, Rod Clifton, Roy Smith, Carrie Smith, Greg Giesbrecht, Bob Groff, Pal Temesvari, Wilhelmina Findlay, Shannon Adam, Mary Ann Mork, Christy Schmidt, Tracie McDonald, Penny Kelly and Laura Bliss

1. Call to order 10:20 am
2. Approval of Agenda [Colleen/ Greg, Carried]
3. Approval of the Minutes of October 22nd, 2016 AGM [Roy S./Bob G. Carried]
4. President's Report: Wenda Dickens welcomed all members to the AGM breakfast on behalf of the Mid-Can Masters Executive. She re-iterated the club's objectives: Firstly, to promote swimming as a healthy, enjoyable and stimulating activity for adults. Secondly, to provide a fitness program for regular exercise. And thirdly, to support competitive swimming. Wenda shared some personal reflections of her involvement with the club. She joined the Masters Swimming program at the U of M in 1981! One of the most valuable aspects of belonging to the club is the social aspect—it is what keeps her coming back and is why she is still a member. She encourages everyone to continue and invite a friend. She also thanked Pal for his excellent coaching and "putting the fun in swimming" for the past 27 years. Pal began coaching mid-Can Masters in 1990.
5. Financial Report/Membership Report: Colleen Metge provided a detailed report and Income/Expense Statement outlining a "relatively fiscally sound position". We ended the year with a surplus of \$ 2713.41. The total number of swimmers for the 2016/2017 year is 42- down three swimmers from the 2015/2016 swim year. Membership fees remain the same but there is an increase in MSC/MSM fees totaling \$36 for the year. That said, the cost of membership to our club is a very good value compared to other gym and fitness program fees out there. Changes in registration involve consent forms to be filled out before participating in Masters Swim meets. Swim Canada will then email confirmation to all participants. [Christy/Tracie, Carried]
6. Coaches Report: Pal Temesvari feels like he repeats himself every year at the AGM but thinks that sooner or later it will make a difference! He would like to see the number of swimmers per lane even out. He wants us to challenge ourselves and stream line, push off under water, do flip-turns, increase our stroke rate and vary the strokes—change up from free style more often. Try hypoxic training to build up endurance, strive to do 25 meters in one breath. Fine-tuning of arm positions with strokes was reviewed and he may incorporate specific swim drills for a particular stroke in practice. Arriving early and reading the practice board before the start of practice to clarify instructions was also suggested.

7. Election of Board Members:

One board position was open at this year's AGM and Shannon Adam was nominated to succeed Rhonda Leger as secretary. [Mary Ann/Bozidar, Carried]

Tracie McDonald volunteered to become a Director at Large. [Rod C. /Mary Ann, Carried]

2017-2018 Mid-Can Masters Swim Club Executive Board

i.	President	Wenda Dickens	Oct/16-Sept/18
ii.	Vice-President	MaryAnn Mork	Oct/16-Sept/18
iii.	Treasurer	Colleen Metge	Oct/16-Sept/18
iv.	Secretary	Shannon Adam	Oct/17-Sept/19
v.	Director at Large	Tracie McDonald	Oct/17-Sept/19
vi.	Past President	Bozidar Modrcin	Oct/16-Sept/18
vii.	Social Coordinator	Carrie Smith	Oct/16-Sept/18
viii.	MSM Rep	Bob Groff	
ix.	Newsletter	Roy Smith	

*Bank Signatories: Wenda Dickens, Bozidar Modrcin, and Colleen Metge

8. Open Discussion: Christy Schmidt informed us that MSM will be donating two baskets towards the Pop Sidwell Silent Auction—much appreciated! She will be taking on the role of treasurer for MSM from Ben Van Den Bosch. The Vice-President role she formally occupied is now vacant. Additionally, now that there are new rules regarding coaching, she has decided to take a coaching course to become certified and sub in for Pal in his absence. A certified coach must be on deck or else insurance is voided in the event of an incident.
9. Next Mid-Can Masters AGM: TBD
10. Adjournment 11:37 am