



Pop Sidwell 2007 November 17

6 Lanes/Coul.

Warm-up/Echauffement: 14:00, Start/Debut: 14:30

Event/Epreuve 1: 200 Freestyle/libre

Heat/Serie 1

1	Cameron MacDonald	15	MCPSPA	7:56.07
2	Pam Buhr	55	SD	5:30.00
3	Mary Kirkwood	44	SD	5:00.00
4	Vicki Kennedy	67	SD	5:07.00
5	Kimberly Palmer	32	MCPSPA	6:14.09
6	Charlotte Thomas	70	UnAtt	8:00.00

Heat/Serie 2

1	Lana Marcine	59	KSSM	3:50.00
2	Julia Beveridge	24	KSSM	3:30.00
3	Dave Branton	53	MMAC	3:30.00
4	Hugh Brown	63	MMAC	3:30.00
5	Kathleen Crang	42	MMAC	3:30.00
6	Rod Pizzey	44	SD	4:00.00

Heat/Serie 3

1	Josie Groen	49	KSSM	3:29.59
2	Sally Boulding	54	SD	3:20.00
3	Ben Van Den Bosch	50	MMAC	3:15.00
4	Bob Groff	61	MIDCN	3:20.00
5	Kim Witges	33	MMAC	3:20.00
6	Paul Mathers	38	MMAC	3:30.00

Heat/Serie 4

1	Wenda Dickens	57	MIDCN	3:05.00
2	Jolanda Swanink	45	MMAC	3:02.00
3	Andrew Pickerl	21	MMAC	2:46.00
4	David Kerr	61	WM	2:55.00
5	Jessica Sawchuk	20	AM	3:05.00
6	Edie Fisher	50	KSSM	3:10.00

Heat/Serie 5

1	Justin Martin	21	MMAC	2:40.00
2	Ruth Horne	42	MMAC	2:26.00
3	Peter Myers	30	MMAC	2:15.00
4	Brian Leier	49	MMAC	2:18.00
5	Sherry Blake	32	KSSM	2:28.43
6	Steven Stothers	46	MMAC	2:45.00

Event/Epreuve 3: 25 Butterfly/papillon

Heat/Serie 1

1	Greg Giesbrecht	60	MIDCN	:24.00
2	Emma McKenzie	17	AM	:17.00
3	Nathan Roberts	17	MMAC	:12.00
4	Jason Carter	48	MMAC	:15.00
5	Chris Harrington	54	MMAC	:20.00
6	Paul Mathers	38	MMAC	:25.00

Event/Epreuve 5: 25 Back/dos

Heat/Serie 1

1	Hugh Brown	63	MMAC	:28.00
2	Terry Kulchycki	51	MIDCN	:25.00
3	Nathan Roberts	17	MMAC	:17.00
4	Marilyn Ingo	67	KSSM	:22.00
5	Sharon Adamchuck	58	KSSM	:27.00
6	Gabrielle Lindsey-Gossen	13	MCPSPA	:57.00

Event/Epreuve 7: 200 Free/libre Rel.

Heat/Serie 1

2	e7 MIDCN-200Fre-X-160	160	MIDCN	3:00.00
3	B MMAC-200Fre-X-160	160	MMAC	2:10.00
4	A MMAC-200Fre-X-160	160	MMAC	2:10.00
5	A SD-200Fre-X-160	160	SD	3:20.00

Event/Epreuve 9: 100 Back/dos

Heat/Serie 1

1	Cameron MacDonald	15	MCPSPA	3:27.54
2	Grant Cosby	70	MMAC	1:58.00
3	Robyn Gibson	35	MMAC	1:38.28
4	Chris Harrington	54	MMAC	1:46.00
5	Kate Robertson	16	MCPSPA	2:56.99

Heat/Serie 2

1	Linda Markham	52	MMAC	1:37.00
2	Bob Groff	61	MIDCN	1:35.00
3	Andrew Pickerl	21	MMAC	1:11.00
4	Justin Martin	21	MMAC	1:20.00
5	Francie Palmer	56	MIDCN	1:37.00
6	Kathleen Crang	42	MMAC	1:38.00

Event/Epreuve 11: 200 IM/QNI

Heat/Serie 1

2	Laurie Howland	64	SD	4:15.00
3	Roy Eldridge	60	UnAtt	3:40.00
4	Greg Giesbrecht	60	MIDCN	3:55.00
5	Elaine Nystrom	27	SD	5:45.00

Heat/Serie 2

1	Julia Beveridge	24	KSSM	3:28.00
2	Jane Pogson	48	WM	3:10.00
3	Sherry Blake	32	KSSM	2:48.12
4	Ben Van Den Bosch	50	MMAC	3:05.00
5	Paul Boulding	56	SD	3:10.00
6	Emma McKenzie	17	AM	3:30.60

Event/Epreuve 13: 50 Freestyle/libre

Heat/Serie 1

1	Gabrielle Lindsey-Gossen	13	MCPSPA	1:52.00
2	Kimberly Palmer	32	MCPSPA	1:14.41
3	Sharon Adamchuck	58	KSSM	:56.00
4	Vicki Kennedy	67	SD	1:00.00
5	Rod Pizzey	44	SD	1:15.00

Heat/Serie 2

1	Hugo Bergen	50	MMAC	:50.00
2	Terry Kulchycki	51	MIDCN	:45.00
3	Marilyn Ingo	67	KSSM	:44.00
4	Paul Mathers	38	MMAC	:45.00
5	Lana Marcine	59	KSSM	:49.99
6	Lydia Eberhardt	47	KSSM	:56.00

Heat/Serie 3

1	Nathan Roberts	17	MMAC	:43.00
2	Jessica Sawchuk	20	AM	:40.00
3	Hanna Cedergren	29	MIDCN	:39.00
4	Maria Donahue	54	WM	:39.75
5	Ed Holloway	52	MMAC	:40.00
6	Josie Groen	49	KSSM	:43.24

Heat/Serie 4

1	Cary Smith	53	MIDCN	:37.00
2	Emma McKenzie	17	AM	:35.50
3	Robyn Gibson	35	MMAC	:35.00
4	Wenda Dickens	57	MIDCN	:35.00
5	Jason Carter	48	MMAC	:36.00
6	Jolanda Swanink	45	MMAC	:38.00

Heat/Serie 5

1	Shannon Adam	38	MIDCN	:32.00
2	Doug Robinson	47	MMAC	:30.00
3	Jacek Siudowski	43	MMAC	:27.70
4	Brian Leier	49	MMAC	:28.00
5	Cheryl Goldhawk	44	MMAC	:30.10
6	David Kerr	61	WM	:33.00



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Event/Epreuve 15: 100 Butterfly/papillon

Heat/Serie 1

2 Grant Cosby	70	MMAC	2:05.00
3 Leah Barnlund	50	MIDCN	1:37.00
4 Josie Groen	49	KSSM	2:01.00

Heat/Serie 2

2 Edie Fisher	50	KSSM	1:25.00
3 Steven Stothers	46	MMAC	1:03.00
4 Ruth Horne	42	MMAC	1:11.50
5 Ben Van Den Bosch	50	MMAC	1:30.00

Event/Epreuve 17: 50 Breast/brasse

Heat/Serie 1

2 Cameron MacDonald	15	MCPSPA	1:35.68
3 Charlotte Thomas	70	UnAtt	1:15.00
4 Pam Buhr	55	SD	1:20.00
5 Kate Robertson	16	MCPSPA	2:48.50

Heat/Serie 2

1 Lydia Eberhardt	47	KSSM	1:01.00
2 Sharon Adamchuck	58	KSSM	:59.99
3 Terry Kulchycki	51	MIDCN	:50.00
4 Bobbie Holland	66	WM	:59.00
5 Hugo Bergen	50	MMAC	1:00.00
6 Vicki Kennedy	67	SD	1:04.00

Heat/Serie 3

1 Jolanda Swanink	45	MMAC	:50.00
2 Jane Pogson	48	WM	:50.00
3 Robyn Gibson	35	MMAC	:49.37
4 Maria Donahue	54	WM	:49.75
5 Hugh Brown	63	MMAC	:50.00
6 Francie Palmer	56	MIDCN	:50.00

Heat/Serie 4

1 Jessica Sawchuk	20	AM	:48.00
2 David Kerr	61	WM	:44.00
3 Paul Boulding	56	SD	:41.00
4 Cheryl Goldhawk	44	MMAC	:42.00
5 Jason Carter	48	MMAC	:45.00
6 Sheila Sapirstein	47	MMAC	:49.00

Event/Epreuve 19: 400 Freestyle/libre

Heat/Serie 1

1 Pam Buhr	55	SD	10:00.00
2 Lana Marcine	59	KSSM	7:59.99
3 Laurie Howland	64	SD	7:30.00
4 Elaine Nystrom	27	SD	7:45.00
5 Mary Kirkwood	44	SD	9:30.00

Heat/Serie 2

1 Rod Pizzey	44	SD	7:00.00
2 Tim Pasma	38	MMAC	6:30.00
3 Linda Markham	52	MMAC	6:00.00
4 Hanna Cedergren	29	MIDCN	6:21.00
5 Sally Boulding	54	SD	6:45.00
6 Kim Witges	33	MMAC	7:00.00

Heat/Serie 3

1 Justin Martin	21	MMAC	5:10.00
2 Andrew Pickerl	21	MMAC	5:00.00
3 Peter Myers	30	MMAC	4:44.00
4 Brian Leier	49	MMAC	4:59.00
5 Ruth Horne	42	MMAC	5:08.00
6 Ben Van Den Bosch	50	MMAC	5:52.00

Event/Epreuve 21: 200 Medley/QN Rel.

Heat/Serie 1

2 e21 MIDCN-200Med-X-160	160	MIDCN	3:15.00
3 D MMAC-200Med-X-160	160	MMAC	2:20.00
4 C MMAC-200Med-X-160	160	MMAC	2:20.00
5 what the heck KSSM-200Med 200	KSSM		3:15.00

Event/Epreuve 23: 100 Breast/brasse

Heat/Serie 1

1 Charlotte Thomas	70	UnAtt	3:36.90
2 Kimberly Palmer	32	MCPSPA	2:58.36
3 Elaine Nystrom	27	SD	2:15.00
4 Vicki Kennedy	67	SD	2:25.00
5 Cameron MacDonald	15	MCPSPA	3:10.18

Heat/Serie 2

1 Grant Cosby	70	MMAC	1:55.00
2 Julia Beveridge	24	KSSM	1:42.50
3 Ben Van Den Bosch	50	MMAC	1:32.00
4 Leah Barnlund	50	MIDCN	1:40.00
5 Chris Harrington	54	MMAC	1:50.00
6 Lydia Eberhardt	47	KSSM	2:12.00

Event/Epreuve 25: 100 IM/QNI

Heat/Serie 1

2 Mary Kirkwood	44	SD	3:30.00
3 Hugh Brown	63	MMAC	2:30.00
4 Pam Buhr	55	SD	3:30.00

Heat/Serie 2

1 Josie Groen	49	KSSM	1:53.37
2 Chris Harrington	54	MMAC	1:50.00
3 Paul Mathers	38	MMAC	1:45.00
4 Jason Carter	48	MMAC	1:45.00
5 Grant Cosby	70	MMAC	1:50.00
6 Hugo Bergen	50	MMAC	2:00.00

Heat/Serie 3

1 Roy Eldridge	60	UnAtt	1:40.00
2 Jolanda Swanink	45	MMAC	1:38.00
3 Kathleen Crang	42	MMAC	1:36.00
4 Robyn Gibson	35	MMAC	1:37.84
5 Francie Palmer	56	MIDCN	1:38.00
6 Hanna Cedergren	29	MIDCN	1:43.00

Heat/Serie 4

1 Tim Pasma	38	MMAC	1:35.00
2 Doug Robinson	47	MMAC	1:23.00
3 Ruth Horne	42	MMAC	1:20.00
4 Edie Fisher	50	KSSM	1:20.00
5 David Kerr	61	WM	1:26.50
6 Sheila Sapirstein	47	MMAC	1:36.00

Event/Epreuve 27: 50 Butterfly/papillon

Heat/Serie 1

2 Lydia Eberhardt	47	KSSM	1:08.00
3 Josie Groen	49	KSSM	:52.76
4 Laurie Howland	64	SD	:53.00

Heat/Serie 2

1 Julia Beveridge	24	KSSM	:42.00
2 Robyn Gibson	35	MMAC	:40.00
3 David Kerr	61	WM	:36.25
4 Paul Boulding	56	SD	:38.00
5 Emma McKenzie	17	AM	:40.50
6 Greg Giesbrecht	60	MIDCN	:51.00



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Warm-up/Echauffement: 14:00, Start/Debut: 14:30

Heat/Serie 3

1	Doug Robinson	47	MMAC	:35.00
2	Jacek Siudowski	43	MMAC	:33.00
3	Steven Stothers	46	MMAC	:28.00
4	Peter Myers	30	MMAC	:30.00
5	Cheryl Goldhawk	44	MMAC	:34.00
6	Andrew Pickerl	21	MMAC	:35.00

Event/Epreuve 29: 50 Back/dos

Heat/Serie 1

1	Jessica Holztrager	20	MCPSPA	1:44.00
2	Gabrielle Lindsey-Gossen	13	MCPSPA	1:36.00
3	Rod Pizzey	44	SD	1:25.00
4	Kate Robertson	16	MCPSPA	1:28.52
5	Kimberly Palmer	32	MCPSPA	1:38.43
6	Cameron MacDonald	15	MCPSPA	1:44.84

Heat/Serie 2

1	Bobbie Holland	66	WM	:57.85
2	Francie Palmer	56	MIDCN	:45.00
3	Wenda Dickens	57	MIDCN	:45.00
4	Jolanda Swanink	45	MMAC	:45.00
5	Paul Mathers	38	MMAC	:50.00
6	Sandra Gossen	54	WM	1:00.00

Heat/Serie 3

1	Jason Carter	48	MMAC	:42.00
2	Leah Barnlund	50	MIDCN	:42.00
3	Sherry Blake	32	KSSM	:34.00
4	Cheryl Goldhawk	44	MMAC	:38.00
5	Jane Pogson	48	WM	:42.00
6	Bob Groff	61	MIDCN	:43.00

Event/Epreuve 31: 25 Freestyle/libre

Heat/Serie 1

2	Mary Kirkwood	44	SD	:30.00
3	Jane Stewart	52	WM	:23.75
4	Lydia Eberhardt	47	KSSM	:24.00
5	Gabrielle Lindsey-Gossen	13	MCPSPA	:56.00

Heat/Serie 2

1	Sharon Adamchuck	58	KSSM	:23.00
2	Marilyn Ingo	67	KSSM	:19.00
3	Nathan Roberts	17	MMAC	:17.00
4	Maria Donahue	54	WM	:19.00
5	Ed Holloway	52	MMAC	:20.00
6	Greg Giesbrecht	60	MIDCN	:23.00

Event/Epreuve 33: 25 Breast/brasse

Heat/Serie 1

1	Charlotte Thomas	70	UnAtt	:36.10
2	Lydia Eberhardt	47	KSSM	:28.00
3	Maria Donahue	54	WM	:26.90
4	Sharon Adamchuck	58	KSSM	:27.00
5	Jane Stewart	52	WM	:28.50

Event/Epreuve 35: 100 Freestyle/libre

Heat/Serie 1

2	Jessica Holztrager	20	MCPSPA	3:51.00
3	Vicki Kennedy	67	SD	2:20.00
4	Kate Robertson	16	MCPSPA	2:48.02

Heat/Serie 2

2	Rod Pizzey	44	SD	2:00.00
3	Kim Witges	33	MMAC	1:35.00
4	Lana Marcine	59	KSSM	1:59.99
5	Elaine Nystrom	27	SD	2:00.00

Heat/Serie 3

1	Hugh Brown	63	MMAC	1:34.00
2	Jessica Sawchuk	20	AM	1:28.00
3	Linda Markham	52	MMAC	1:22.00
4	Sheila Sapirstein	47	MMAC	1:24.00
5	Greg Giesbrecht	60	MIDCN	1:30.00
6	Paul Mathers	38	MMAC	1:35.00

Heat/Serie 4

1	Paul Boulding	56	SD	1:19.00
2	Shannon Adam	38	MIDCN	1:17.00
3	Doug Robinson	47	MMAC	1:10.00
4	Jason Carter	48	MMAC	1:15.00
5	Ben Van Den Bosch	50	MMAC	1:18.00
6	Emma McKenzie	17	AM	1:20.50

Heat/Serie 5

1	Ruth Horne	42	MMAC	1:06.00
2	Jacek Siudowski	43	MMAC	1:03.00
3	Steven Stothers	46	MMAC	:59.00
4	Brian Leier	49	MMAC	1:00.00
5	Justin Martin	21	MMAC	1:05.00
6	Nathan Roberts	17	MMAC	1:09.00

Event/Epreuve 37: 200 Free/libre Rel.

Heat/Serie 1

1	old and new KSSM-200Fre-F	200	KSSM	3:24.00
2	wme37 WM-200Fre-F-200	200	WM	3:05.00
3	E MMAC-200Fre-F-160	160	MMAC	2:10.00
4	e37 MIDCN-200Fre-F-160	160	MIDCN	3:00.00
5	B SD-200Fre-F-200	200	SD	3:15.00
6	f200 MCPSPA-200Fre-F- 80	80	MCPSPA	5:59.99

Event/Epreuve 38: 200 Free/libre Rel.

Heat/Serie 1

2	F MMAC-200Fre-M-160	160	MMAC	2:10.00
3	G MMAC-200Fre-M-160	160	MMAC	2:10.00
4	H MMAC-200Fre-M-160	160	MMAC	2:10.00
5	e38 MIDCN-200Fre-M-160	160	MIDCN	3:00.00