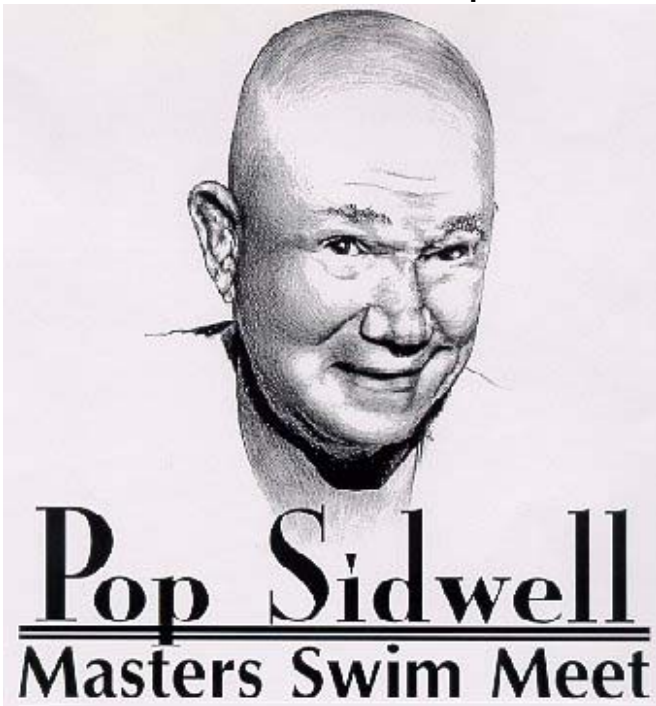


Pop Sidwell Masters Swim Meet



Mixed - under age

50 Free/libre MB rec - : 0.00 Nat Rec - : 0.00

1 Chantelle Horel 16 MCPSA :48.97
2 Katie Robertson 13 MCPSA 1:48.00

100 Free/libre MB rec - : 0.00 Nat Rec - : 0.00

1 Chantelle Horel 16 MCPSA 1:48.79
2 Katie Robertson 13 MCPSA 3:53.33

200 Free/libre MB rec - : 0.00 Nat Rec - : 0.00

2 Katie Robertson 13 MCPSA 7:27.59

50 Back/dos MB rec - : 0.00 Nat Rec - : 0.00

1 Chantelle Horel 16 MCPSA :54.42
2 Katie Robertson 13 MCPSA 2:21.11

100 Back/dos MB rec - : 0.00 Nat Rec - : 0.00

1 Chantelle Horel 16 MCPSA 2:00.91
2 Katie Robertson 13 MCPSA 4:35.55

50 Breast/brasse MB rec - : 0.00 Nat Rec - : 0.00

1 Chantelle Horel 16 MCPSA 1:15.72

Mixed - 20 to 24

50 Free/libre MB rec - :30.10 Nat Rec - :27.55

1 Zainisha Vasani 24 MMAC :34.74

100 Free/libre MB rec - 1:07.04 Nat Rec - 1:01.10

1 Joleen Fenton 23 MMAC 1:20.55
2 Zainisha Vasani 24 MMAC 1:20.60

200 Free/libre MB rec - 2:27.69 Nat Rec - 2:08.95

1 Zainisha Vasani 24 MMAC 2:42.14

400 Free/libre MB rec - 5:14.32 Nat Rec - 4:40.67

1 Zainisha Vasani 24 MMAC 5:38.64

50 Back/dos MB rec - :36.40 Nat Rec - :31.52

1 Zainisha Vasani 24 MMAC :40.47

100 Back/dos MB rec - 1:18.33 Nat Rec - 1:10.23

1 Zainisha Vasani 24 MMAC 1:25.43

50 Fly/pap MB rec - :33.66 Nat Rec - :30.26

1 Joleen Fenton 23 MMAC :36.88

200 IM/QNI MB rec - 2:44.37 Nat Rec - 2:25.28

1 Joleen Fenton 23 MMAC 2:53.27

Mixed - 25 to 29

50 Free/libre MB rec - :28.13 Nat Rec - :27.13

1 Natasha Yuska 27 MIDCN :33.78
2 Monica Godar 29 MMAC :40.63

100 Free/libre MB rec - 1:02.42 Nat Rec - :58.99

1 Monica Godar 29 MMAC 1:36.47
2 Kimberly Palmer 29 MCPSA 2:47.32

200 Free/libre MB rec - 2:11.02 Nat Rec - 2:07.83

1 Tracey Jennings 28 MIDCN 2:41.62

400 Free/libre MB rec - 4:37.49 Nat Rec - 4:25.94

1 Tracey Jennings 28 MIDCN 5:38.09
2 Jennifer Pinarski 27 MMAC 6:41.05

50 Back/dos MB rec - :35.64 Nat Rec - :31.03

1 Kimberly Palmer 29 MCPSA 1:45.36

200 Back/dos MB rec - 2:47.48 Nat Rec - 2:23.18

1 Jennifer Pinarski 27 MMAC 3:22.88

50 Breast/brasse MB rec - :36.58 Nat Rec - :35.07

1 Monica Godar 29 MMAC :55.47

100 Breast/brasse MB rec - 1:19.67 Nat Rec - 1:16.44

1 Kimberly Palmer 29 MCPSA 2:51.37

50 Fly/pap MB rec - :29.06 Nat Rec - :29.82

1 Jennifer Pinarski 27 MMAC :43.95

100 Fly/pap MB rec - 1:09.15 Nat Rec - 1:05.82

1 Jennifer Pinarski 27 MMAC 1:37.09

Pop Sidwell Masters Swim Meet

100 IM/QNI	MB rec - 1:11.37	Nat Rec - 1:09.44	50 Breast/brasse	MB rec - :37.16	Nat Rec - :36.67	
1 Jennifer Pinarski	27 MMAC	1:31.72	1 Karen Spencer	38 AM	:43.89	
Monica Godar	29 MMAC	1:48.75 DSQ	50 Fly/pap	MB rec - :30.57	Nat Rec - :31.92	
200 IM/QNI	MB rec - 2:44.81	Nat Rec - 2:27.01	1 Ruth Horne	39 MMAC	:33.62	
1 Jennifer Pinarski	27 MMAC	3:19.91	100 Fly/pap	MB rec - 1:11.86	Nat Rec - 1:08.08	
Mixed - 30 to 34			1 Ruth Horne	39 MMAC	1:20.73	
25 Free/libre	MB rec - : 0.00	Nat Rec - : 0.00	100 IM/QNI	MB rec - 1:18.77	Nat Rec - 1:12.12	
1 Lori Whitelam	34 SD	:19.37	1 Karen Spencer	38 AM	1:29.84	
50 Free/libre	MB rec - :29.06	Nat Rec - :27.32	200 IM/QNI	MB rec - 2:47.41	Nat Rec - 2:32.50	
1 Helen Turner	34 MMAC	:33.64	1 Ruth Horne	39 MMAC	2:52.73	
2 Lori Whitelam	34 SD	:44.39	Mixed - 40 to 44			
100 Free/libre	MB rec - 1:08.45	Nat Rec - :58.58	25 Free/libre	MB rec - : 0.00	Nat Rec - : 0.00	
1 Helen Turner	34 MMAC	1:17.26	1 Roxine Wright	40 SD	:19.49	
25 Back/dos	MB rec - : 0.00	Nat Rec - : 0.00	50 Free/libre	MB rec - :31.59	Nat Rec - :28.82	
1 Lori Whitelam	34 SD	:23.46	1 Cheryl Goldhawk	41 MMAC	:31.77	
50 Back/dos	MB rec - :34.40	Nat Rec - :31.79	2 Roxine Wright	40 SD	:42.94	
1 Helen Turner	34 MMAC	:41.47	100 Free/libre	MB rec - 1:11.82	Nat Rec - 1:03.00	
2 Lori Whitelam	34 SD	:52.29	1 Cheryl Goldhawk	41 MMAC	1:09.08 MB	
200 Back/dos	MB rec - 2:37.35	Nat Rec - 2:26.72	Rec	2 Jolanda Swanick	42 MMAC	1:22.09
1 Helen Turner	34 MMAC	3:09.30	25 Back/dos	MB rec - : 0.00	Nat Rec - : 0.00	
Mixed - 35 to 39			1 Roxine Wright	40 SD	:24.64	
50 Free/libre	MB rec - :29.04	Nat Rec - :28.49	50 Back/dos	MB rec - :38.13	Nat Rec - :33.26	
1 Karen Spencer	38 AM	:36.57	1 Roxine Wright	40 SD	1:01.99	
100 Free/libre	MB rec - 1:03.73	Nat Rec - 1:01.18	100 Back/dos	MB rec - 1:23.09	Nat Rec - 1:11.26	
1 Ruth Horne	39 MMAC	1:08.73	1 Cheryl Goldhawk	41 MMAC	1:23.50	
2 Diane Snyder	37 SOS	2:41.71	200 Back/dos	MB rec - 3:04.67	Nat Rec - 2:34.82	
200 Free/libre	MB rec - 2:24.54	Nat Rec - 2:09.52	1 Jolanda Swanick	42 MMAC	3:22.91	
1 Ruth Horne	39 MMAC	2:32.11	50 Breast/brasse	MB rec - :40.54	Nat Rec - :37.13	
2 Diane Snyder	37 SOS	5:35.98	1 Cheryl Goldhawk	41 MMAC	:44.89	
50 Back/dos	MB rec - :33.34	Nat Rec - :33.29	50 Fly/pap	MB rec - :35.51	Nat Rec - :32.69	
1 Anne Cousineau	35 MIDCN	:34.96	1 Cheryl Goldhawk	41 MMAC	:35.90	
2 Diane Snyder	37 SOS	1:19.11	2 Jolanda Swanick	42 MMAC	:40.63	
100 Back/dos	MB rec - 1:24.26	Nat Rec - 1:10.47	100 Fly/pap	MB rec - 1:29.25	Nat Rec - 1:13.82	
1 Diane Snyder	37 SOS	2:52.04	1 Jolanda Swanick	42 MMAC	1:37.40	
200 Back/dos	MB rec - 2:24.25	Nat Rec - 2:28.55				
1 Anne Cousineau	35 MIDCN	2:37.48				

Pop Sidwell Masters Swim Meet

Mixed - 45 to 49	25 Breast/brasse MB rec - : 0.00 Nat Rec - : 0.00
	1 Rochelle Murrell 51 MMAC :23.74
100 Free/libre MB rec - 1:14.73 Nat Rec - 1:04.97	100 Breast/brasse MB rec - 1:40.78 Nat Rec - 1:28.30
1 Linda Markham 49 MMAC 1:23.14	1 Maria Donahue 51 WM 1:43.21
50 Back/dos MB rec - :39.51 Nat Rec - :36.63	2 Rochelle Murrell 51 MMAC 1:55.49
1 Leah Barnlund 47 MIDCN :39.90	50 Fly/pap MB rec - :41.69 Nat Rec - :34.74
100 Back/dos MB rec - 1:31.41 Nat Rec - 1:20.77	1 Susan Selby 51 MMAC :54.33
1 Linda Markham 49 MMAC 1:34.17	Mixed - 55 to 59
50 Breast/brasse MB rec - :44.94 Nat Rec - :38.55	50 Free/libre MB rec - :37.34 Nat Rec - :34.04
1 Linda Markham 49 MMAC :51.43	1 Lesley Clark 58 AM :40.74
200 Breast/brasse MB rec - 3:43.63 Nat Rec - 3:07.67	50 Breast/brasse MB rec - :50.97 Nat Rec - :39.01
1 Leah Barnlund 47 MIDCN 3:20.37 MB Rec	1 Lesley Clark 58 AM :54.00
100 IM/QNI MB rec - 1:26.44 Nat Rec - 1:16.87	200 Breast/brasse MB rec - 4:26.21 Nat Rec - 3:08.87
1 Linda Markham 49 MMAC 1:35.47	1 Lesley Clark 58 AM 4:06.86 MB Rec
200 IM/QNI MB rec - 3:04.29 Nat Rec - 2:45.50	Mixed - 70 to 74
1 Leah Barnlund 47 MIDCN 3:05.29	25 Free/libre MB rec - : 0.00 Nat Rec - : 0.00
Mixed - 50 to 54	1 Helen MacDougall 74 WM :34.37
50 Free/libre MB rec - :32.78 Nat Rec - :31.42	100 Back/dos MB rec - 1:49.73 Nat Rec - 1:40.37
1 Penny Kelly 51 MIDCN :34.41	1 Helen MacDougall 74 WM 2:39.35
2 Wenda Dickens 54 MIDCN :35.65	200 Breast/brasse MB rec - 4:32.41 Nat Rec - 4:09.00
3 Rochelle Murrell 51 MMAC :44.12	1 Helen MacDougall 74 WM 6:01.47
4 Colleen Metge 52 MIDCN :45.67	Mixed - under age
100 Free/libre MB rec - 1:15.30 Nat Rec - 1:07.46	50 Free/libre MB rec - : 0.00 Nat Rec - : 0.00
1 Maria Donahue 51 WM 1:23.37	1 Nicholas Dyson 11 MCPSA 2:19.88
200 Free/libre MB rec - 2:50.26 Nat Rec - 2:24.94	2 Tyler Barrett 14 MCPSA 3:08.19
1 Penny Kelly 51 MIDCN 2:41.77 MB Rec	25 Back/dos MB rec - : 0.00 Nat Rec - : 0.00
2 Wenda Dickens 54 MIDCN 2:53.51	1 Nicholas Dyson 11 MCPSA 1:05.77
3 Sally Boulding 51 SD 3:00.36	2 Tyler Barrett 14 MCPSA 1:54.22
400 Free/libre MB rec - 6:12.21 Nat Rec - 5:02.82	50 Back/dos MB rec - : 0.00 Nat Rec - : 0.00
1 Sally Boulding 51 SD 6:22.42	1 Nicholas Dyson 11 MCPSA 2:31.96
2 Susan Selby 51 MMAC 6:32.49	2 Tyler Barrett 14 MCPSA 4:18.64
3 Rochelle Murrell 51 MMAC 7:47.97	100 Back/dos MB rec - : 0.00 Nat Rec - : 0.00
50 Back/dos MB rec - :42.61 Nat Rec - :38.41	1 Cameron MacDonald 12 MCPSA 4:30.45
1 Penny Kelly 51 MIDCN :40.59 MB Rec	25 Breast/brasse MB rec - : 0.00 Nat Rec - : 0.00
2 Wenda Dickens 54 MIDCN :44.35	1 Cameron MacDonald 12 MCPSA 1:26.13
3 Colleen Metge 52 MIDCN :58.16	
200 Back/dos MB rec - 3:13.69 Nat Rec - 3:05.82	
1 Susan Selby 51 MMAC 3:45.79	

Pop Sidwell Masters Swim Meet

25 Fly/pap	MB rec - : 0.00	Nat Rec - : 0.00	100 Free/libre	MB rec - :57.96	Nat Rec - :52.58
1 Cameron MacDonald	12 MCPSA	1:16.33	1 Gabriel Krozkin	30 MMAC	1:04.52
100 IM/QNI	MB rec - : 0.00	Nat Rec - : 0.00	50 Back/dos	MB rec - :29.12	Nat Rec - :28.93
1 Cameron MacDonald	12 MCPSA	6:03.15	1 Rob Holland	34 WM	:42.87
Mixed - 20 to 24			50 Breast/brasse	MB rec - :32.49	Nat Rec - :30.74
			1 Rob Holland	34 WM	:43.71
50 Free/libre	MB rec - :26.32	Nat Rec - :24.11	Mixed - 35 to 39		
1 Matt Erhard	21 AM	:28.03			
2 David Reader	20 MMAC	:29.66	25 Free/libre	MB rec - : 0.00	Nat Rec - : 0.00
100 Free/libre	MB rec - :58.80	Nat Rec - :54.61	1 Glen Swanson	35 WM	:15.59
1 Matt Erhard	21 AM	1:03.25	100 Free/libre	MB rec - :55.88	Nat Rec - :55.97
50 Breast/brasse	MB rec - :33.29	Nat Rec - :30.72	1 Greg Comber	35 MMAC	1:01.03
1 Matt Erhard	21 AM	:34.99	50 Back/dos	MB rec - :30.30	Nat Rec - :29.41
100 Breast/brasse	MB rec - 1:16.90	Nat Rec - 1:07.65	1 Glen Swanson	35 WM	:41.13
1 Matt Erhard	21 AM	1:20.81	100 Back/dos	MB rec - 1:06.75	Nat Rec - 1:02.43
100 IM/QNI	MB rec - 1:04.60	Nat Rec - :59.66	1 Greg Comber	35 MMAC	1:14.95
1 David Reader	20 MMAC	1:21.66	100 IM/QNI	MB rec - 1:06.36	Nat Rec - 1:01.67
Mixed - 25 to 29			1 Glen Swanson	35 WM	1:34.07
			Mixed - 40 to 44		
50 Free/libre	MB rec - :25.29	Nat Rec - :24.00	50 Free/libre	MB rec - :25.94	Nat Rec - :25.40
1 Garth Sindrey	28 MMAC	:25.93	1 Doug Robinson	44 MMAC	:32.07
2 Ray Shalom	29 SOS	:37.43	2 Cam Lauder	43 SOS	:45.98
100 Free/libre	MB rec - :55.03	Nat Rec - :51.85	100 Free/libre	MB rec - :58.36	Nat Rec - :56.34
1 Ray Shalom	29 SOS	1:29.88	1 Doug Robinson	44 MMAC	1:09.49
2 Kris Enns	25 SOS	1:54.26	2 Michael Whalen	44 AM	1:11.87
50 Back/dos	MB rec - :30.61	Nat Rec - :27.08	3 Peter Henderson	41 AM	1:21.02
1 Ray Shalom	29 SOS	:45.98	4 Cam Lauder	43 SOS	1:51.96
2 Kris Enns	25 SOS	1:03.89	200 Free/libre	MB rec - 2:08.76	Nat Rec - 2:05.79
100 Back/dos	MB rec - 1:06.99	Nat Rec - :57.28	1 Steven Stothers	43 MMAC	2:14.84
1 Kris Enns	25 SOS	2:12.00	2 Doug Robinson	44 MMAC	2:40.03
50 Fly/pap	MB rec - :27.81	Nat Rec - :26.07	50 Back/dos	MB rec - :30.86	Nat Rec - :29.93
1 Garth Sindrey	28 MMAC	:28.83	1 Steven Stothers	43 MMAC	:32.40
100 IM/QNI	MB rec - 1:04.52	Nat Rec - 1:00.18	2 Cam Lauder	43 SOS	1:11.77
1 Ray Shalom	29 SOS	1:41.60	100 Back/dos	MB rec - 1:06.94	Nat Rec - 1:04.41
Mixed - 30 to 34			1 Steven Stothers	43 MMAC	1:11.74
			100 Breast/brasse	MB rec - 1:11.81	Nat Rec - 1:11.33
50 Free/libre	MB rec - :25.45	Nat Rec - :23.96	1 Peter Henderson	41 AM	1:38.62
1 Gabriel Krozkin	30 MMAC	:28.56	25 Fly/pap	MB rec - : 0.00	Nat Rec - : 0.00
2 Rob Holland	34 WM	:34.98	1 Michael Whalen	44 AM	:14.69

Pop Sidwell Masters Swim Meet

50 Fly/pap	MB rec - :27.87	Nat Rec - :27.60	Mixed - 50 to 54
1 Doug Robinson	44 MMAC	:34.74	
2 Cam Lauder	43 SOS	1:19.32	
100 Fly/pap	MB rec - 1:01.50	Nat Rec - 1:01.46	25 Free/libre MB rec - : 0.00 Nat Rec - : 0.00
1 Steven Stothers	43 MMAC	1:07.88	1 Paul Boulding 53 SD :13.88
100 IM/QNI	MB rec - 1:04.47	Nat Rec - 1:03.84	25 Breast/brasse MB rec - : 0.00 Nat Rec - : 0.00
1 Michael Whalen	44 AM	1:23.18	1 Paul Boulding 53 SD :18.53
Mixed - 45 to 49			50 Breast/brasse MB rec - :34.10 Nat Rec - :34.23
50 Free/libre	MB rec - :26.96	Nat Rec - :26.51	1 Paul Boulding 53 SD :37.20
1 Peter Doig	45 MMAC	:27.50	100 IM/QNI MB rec - 1:13.17 Nat Rec - 1:07.77
2 Jason Carter	45 MMAC	:31.18	1 Paul Boulding 53 SD 1:22.81
3 Mark Ahrens-Townsend	46 AM	:32.77	Mixed - 55 to 59
100 Free/libre	MB rec - :59.45	Nat Rec - :58.59	50 Free/libre MB rec - :29.75 Nat Rec - :26.78
1 Peter Doig	45 MMAC	1:01.64	1 David Kerr 58 WM :32.30
2 Glenn Davis	47 MMAC	1:08.52	2 Greg Giesbrecht 57 MIDCN :46.19
3 Jason Carter	45 MMAC	1:12.97	50 Fly/pap MB rec - :36.17 Nat Rec - :31.22
4 Ben Van Den Bosch	47 MMAC	1:15.95	1 Greg Giesbrecht 57 MIDCN 1:05.19
5 Mark Ahrens-Townsend	46 AM	1:17.28	100 IM/QNI MB rec - 1:22.49 Nat Rec - 1:10.34
400 Free/libre	MB rec - 5:15.48	Nat Rec - 4:40.63	1 David Kerr 58 WM 1:25.97
1 Ben Van Den Bosch	47 MMAC	5:49.21	Mixed - 60 to 64
200 Back/dos	MB rec - 3:09.56	Nat Rec - 2:24.46	100 Free/libre MB rec - 1:10.95 Nat Rec - 1:05.06
1 Peter Doig	45 MMAC	2:46.56	1 Norm Cameron 62 MIDCN 1:20.79
Rec			200 Free/libre MB rec - 2:51.16 Nat Rec - 2:32.04
50 Breast/brasse	MB rec - :34.48	Nat Rec - :34.00	1 Norm Cameron 62 MIDCN 2:59.38
1 Peter Doig	45 MMAC	:35.27	50 Breast/brasse MB rec - :41.95 Nat Rec - :36.18
2 Jason Carter	45 MMAC	:41.75	1 Norm Cameron 62 MIDCN :44.67
200 Breast/brasse	MB rec - 2:53.03	Nat Rec - 2:42.54	200 IM/QNI MB rec - 3:21.52 Nat Rec - 2:59.36
1 Ben Van Den Bosch	47 MMAC	3:09.77	1 Norm Cameron 62 MIDCN 3:22.64
25 Fly/pap	MB rec - : 0.00	Nat Rec - : 0.00	80 to 99 Relays
1 Mark Ahrens-Townsend	46 AM	:16.45	Mixed 200 Free/libre Rel MB Rec - : 0.00
50 Fly/pap	MB rec - :31.88	Nat Rec - :29.37	Nat Rec - 1:47.30
1 Glenn Davis	47 MMAC	:32.18	1 Manitoba Cerebral Palsy 80 MCPSA 6:05.29
100 Fly/pap	MB rec - 1:09.87	Nat Rec - 1:05.08	
1 Glenn Davis	47 MMAC	1:11.42	
2 Ben Van Den Bosch	47 MMAC	1:30.13	
100 IM/QNI	MB rec - 1:08.55	Nat Rec - 1:07.37	
1 Peter Doig	45 MMAC	1:09.88	
2 Jason Carter	45 MMAC	1:24.76	
3 Mark Ahrens-Townsend	46 AM	1:28.72	
200 IM/QNI	MB rec - 2:42.39	Nat Rec - 2:28.31	
1 Glenn Davis	47 MMAC	2:45.57	
2 Ben Van Den Bosch	47 MMAC	3:02.09	

Pop Sidwell Masters Swim Meet

100 to 119 Relays

200 Free/libre Rel

Women

- 1 The Vetrans 100 MMAC 2:14.52
- 2 The Rookies 100 MMAC 2:15.57

Men

- 1 4 other guys 100 MMAC 1:57.22
- 2 Four Guys 100 MMAC 1:59.70

Mixed 200 Free/libre Rel MB Rec - : 0.00
Nat Rec - 1:47.30

- 1 Comber's Critters 100 MMAC 2:08.57
- 2 Doig's Daredevils 100 MMAC 2:10.11
- 3 Stothers & others 100 MMAC 2:17.28

Sindrey's Scapegoats 100 MMAC 2:01.70 DSQ

Mixed 200 Medley/QN Rel. MB Rec - 2:10.33
Nat Rec - 2:00.68

- 1 Horne's Hooligans 100 MMAC 2:21.71
- 2 Goldhawk's Gangsters 100 MMAC 2:26.67
- 3 Fenton's Felons 100 MMAC 2:27.77
- 4 Turner's Terrors 100 MMAC 2:37.37

120 to 159 Relays

Men 200 Free/libre Rel. MB Rec - 1:45.84
Nat Rec - 1:40.72

- 1 Assiniboine Masters 152 AM 2:08.13

200 Free/libre Rel

- 1 Minnows 141 MIDCN 2:13.77

Mixed 200 Medley/QN Rel. MB Rec - 2:15.03
Nat Rec - 2:00.92

Minnows 141 MIDCN 2:32.85 DSQ

160 to 199 Relays

Women 200 Free/libre Rel. MB Rec - 2:24.43
Nat Rec - 2:02.31

- 1 Selkirk Dolphins 160 SD 2:47.17

Mid Can Masters Swim Club 180 MIDCN 2:42.08 DSQ

- 1 Assiniboine Masters 181 AM 2:20.12
- 2 Selkirk Dolphins 160 SD 2:39.07

Mixed 200 Medley/QN Rel. MB Rec - 2:16.96
Nat Rec - 2:09.37

- 1 Assiniboine Masters 163 AM 2:37.77
- 2 Selkirk Dolphins 160 SD 3:07.51

200 to 239 Relays

Mixed 200 Free/libre Rel. MB Rec - 2:17.50
Nat Rec - 2:05.19

- 1 Bulugas Club 200 MIDCN 2:41.43

Mixed 200 Medley/QN Rel. MB Rec - 2:39.65
Nat Rec - 2:19.03

- 1 Whales 200 MIDCN 3:01.13

