

Pop Sidwell 2009 November 21 - 6 Lanes/Coul.
 Warm-up/Echauffement: 14:00, Start/Debut: 14:30

Event/Epreuve 1: 200 Freestyle/libre - Mixed

Heat/Serie 1			
2	Joe Furman	77	MMSC 7:20.69
3	Nancelyn Ross	69	MMAC 4:28.00
4	Bonnie Eliuk	52	MIDC 4:40.00

Heat/Serie 2			
1	Chantel Denholm	30	MMAC 4:00.00
2	Kim McCormic	38	MMAC 4:00.00
3	Ashley Humstead	24	MMAC 3:50.00
4	Hugh Brown	65	MMAC 4:00.00
5	Karen Armstrong	49	MMAC 4:00.00
6	Alana McKenzie	54	AM 4:00.00

Heat/Serie 3			
1	Laurie Howland	65	BMSC 3:45.00
2	Neil Ferguson	52	MMAC 3:40.00
3	Francie Palmer	58	MIDC 3:30.00
4	Leah Barnlund	52	MIDC 3:30.00
5	Margaret Pratt	59	WM 3:42.00
6	Lana Marcine	61	KSS 3:50.00

Heat/Serie 4			
1	Sally Boulding	56	BMSC 3:20.00
2	George Dyker	43	AM 3:00.00
3	Joanna Jarrett	37	FTST 2:43.00
4	Roy Eldridge	32	Unatt 3:00.00
5	Paul Boulding	58	BMSC 3:20.00
6	Elly Bonny	28	MMAC 3:20.00

Heat/Serie 5			
1	Edie Fisher	52	KSS 2:35.00
2	Ben Van Den Bosch	52	MMAC 2:25.00
3	Brian Leier	51	MMAC 2:17.00
4	Phil LaChapelle	24	FTST 2:24.00
5	Doug Fyfe	51	MMAC 2:30.00
6	Deanne Bennett	27	FTST 2:40.00

Event/Epreuve 3: 25 Butterfly/papillon - Mixed

Heat/Serie 1			
2	Stephanie Lambert	23	MMAC :50.00
3	Greg Giesbrecht	62	MIDC :30.00
4	Julia Roy	52	FTST :40.00

Heat/Serie 2			
2	Grant Crosby	72	MMAC :25.00
3	Wenda Dickens	59	MIDC :20.00
4	Ann Pederson	54	GFMSC :25.00
5	Aileen Clark	36	MIDC :25.00

Event/Epreuve 5: 25 Back/dos - Mixed

Heat/Serie 1			
2	Gabrielle Lindsey Gossen	15	MCPSC :42.53
3	Vicki Kennedy	69	BMSC :33.80
4	Joe Furman	77	MMSC :40.45

Event/Epreuve 7: 200 Free/libre Rel. - Mixed

Heat/Serie 1			
2	FXB MIDC-200Fre-X-240	240	MIDC 2:39.00
3	FXA MIDC-200Fre-X-120	120	MIDC 2:35.00
4	FXC MIDC-200Fre-X-160	160	MIDC 2:37.00
5	A AM-200Fre-X-120	158	AM 2:40.00

Heat/Serie 2			
1	E MMAC-200Fre-X-240	240	MMAC 2:04.00
2	C MMAC-200Fre-X-160	160	MMAC 2:02.00
3	A MMAC-200Fre-X-100	100	MMAC 2:00.00
4	B MMAC-200Fre-X-120	120	MMAC 2:01.00
5	D MMAC-200Fre-X-200	200	MMAC 2:03.00
6	Flying A FTST-200Fre-X- 8	80	FTST 2:10.00

Event/Epreuve 9: 100 Back/dos - Mixed

Heat/Serie 1			
2	Fred Stock	81	MMAC 2:36.00
3	Karen Goulding	44	AM 1:50.00
4	Stephanie Lambert	23	MMAC 2:00.00
5	Kate Robertson	18	MCPSC 2:38.33

Heat/Serie 2			
1	Karen Armstrong	49	MMAC 1:48.80
2	Penny Kelly	56	MIDC 1:38.00
3	Kevin Coyne	28	MMAC 1:13.00
4	Deanne Bennett	27	FTST 1:35.00
5	Catherine Mitchell	24	MMAC 1:47.10
6	Margaret Pratt	59	WM 1:49.00

Event/Epreuve 11: 200 IM/QNI - Mixed

Heat/Serie 1			
2	Grant Crosby	72	MMAC 4:15.00
3	Laura Gallaher	45	AM 3:20.00
4	Wenda Dickens	59	MIDC 3:48.73

Heat/Serie 2			
1	Elly Bonny	28	MMAC 3:20.00
2	Joanna Jarrett	37	FTST 3:10.00
3	Eric Monteiro	19	MMAC 2:30.00
4	George Dyker	43	AM 2:46.00
5	Justin Goulding	22	AM 3:15.00

Event/Epreuve 13: 50 Freestyle/libre - Mixed

Heat/Serie 1			
2	Cameron MacDonald	17	MCPSC 1:21.04
3	Chantel Denholm	30	MMAC 1:00.00
4	Kimberly Palmer	34	MCPSC 1:14.18

Heat/Serie 2			
1	Fred Stock	81	MMAC :58.00
2	Stephanie Lambert	23	MMAC :50.00
3	Lana Marcine	61	KSS :46.00
4	Colleen Metge	57	MIDC :48.00
5	Alana McKenzie	54	AM :50.00
6	Vicki Kennedy	69	BMSC :59.00

Heat/Serie 3			
1	Natalie Gerbrandt	32	MIDC :45.00
2	Rhonda Leger	41	MIDC :45.00
3	Julia Roy	52	FTST :45.00
4	Terry Kulchycki	53	MIDC :45.00
5	Aileen Clark	36	MIDC :45.00
6	Nancelyn Ross	69	MMAC :46.00

Heat/Serie 4			
1	Bob Modrcin	43	MIDC :43.00
2	Kim McCormic	38	MMAC :40.00
3	Bob Groff	63	MIDC :37.00
4	Lesley Clark	63	AM :39.50
5	Hugh Brown	65	MMAC :42.00
6	Tom Lynch	47	MIDC :43.00

Heat/Serie 5			
1	Clayton Case	51	MMAC :35.00
2	Roy Eldridge	62	Unatt :35.00
3	Neil Ferguson	52	MMAC :34.00
4	Riley Sleeman	32	KSS :34.25
5	Brent McCallum	44	MMAC :35.00
6	Ann Pederson	54	GFMSC :35.40

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Event/Epreuve 13: 50 Freestyle/libre - Mixed

Heat/Serie 6			
1 Penny Kelly	56	MIDC	:33.00
2 Cheryl Goldhawk	46	MMAC	:30.50
3 Jacek Siudowski	45	MMAC	:29.00
4 Deanne Bennett	27	FTST	:30.00
5 Doug Fyfe	51	MMAC	:33.00
6 Shannon Adam	40	MIDC	:34.00

Heat/Serie 7			
1 Kevin Coyne	28	MMAC	:28.00
2 Eric Monteiro	19	MMAC	:27.00
3 Mike Chambers	38	MMAC	:25.50
4 Steve Stothers	48	MMAC	:27.00
5 Brian Leier	51	MMAC	:28.00
6 Phil LaChapelle	24	FTST	:28.50

Event/Epreuve 15: 100 Butterfly/papillon - Mixed

Heat/Serie 1			
2 Ben Van Den Bosch	52	MMAC	1:34.00
3 Eric Monteiro	19	MMAC	1:03.00
4 Brett Goldhawk	19	AM	1:12.00
5 Stephanie Andruchuk	40	MMAC	1:45.00

Event/Epreuve 17: 50 Breast/brasse - Mixed

Heat/Serie 1			
2 Kate Robertson	18	MCPSCA	2:05.21
3 Kimberly Palmer	34	MCPSCA	1:25.20
4 Joe Furman	77	MMSC	1:25.76

Heat/Serie 2			
1 Cameron MacDonald	17	MCPSCA	1:20.13
2 Vicki Kennedy	69	BMSC	1:05.00
3 Bobbie Holland	68	WM	:59.12
4 Charlotte Thomas	72	WM	1:01.00
5 Margaret Pratt	59	WM	1:07.10

Heat/Serie 3			
1 Karen Goulding	44	AM	:50.30
2 Terry Kulchycki	53	MIDC	:50.00
3 Carolyne Lynch	45	MIDC	:50.00
4 Sally McGillivray	52	AM	:50.00
5 Wenda Dickens	59	MIDC	:50.00
6 Lesley Clark	63	AM	:56.00

Heat/Serie 4			
1 Ric Nash	48	MIDC	:44.00
2 Steve Stothers	48	MMAC	:39.00
3 George Dyker	43	AM	:34.00
4 Mike Chambers	38	MMAC	:34.50
5 Paul Boulding	58	BMSC	:40.00
6 Laura Gallaher	45	AM	:45.09

Event/Epreuve 19: 400 Freestyle/libre - Mixed

Heat/Serie 1			
1 Bonnie Eliuk	52	MIDC	8:00.00
2 Chantel Denholm	30	MMAC	8:00.00
3 Laurie Howland	65	BMSC	7:40.00
4 Lana Marcine	61	KSS	7:50.00
5 Kim McCormic	38	MMAC	8:00.00
6 Greg Giesbrecht	62	MIDC	8:30.00

Heat/Serie 2			
1 Leah Barnlund	52	MIDC	7:00.00
2 Sally Boulding	56	BMSC	6:45.00
3 Catherine Mitchell	24	MMAC	6:25.10
4 Penny Kelly	56	MIDC	6:40.00
5 Neil Ferguson	52	MMAC	6:47.00
6 Karen Armstrong	49	MMAC	7:03.90

Event/Epreuve 19: 400 Freestyle/libre - Mixed

Heat/Serie 3			
1 Elly Bonny	28	MMAC	6:00.00
2 Justin Goulding	22	AM	5:40.02
3 Brian Leier	51	MMAC	4:59.00
4 Edie Fisher	52	KSS	5:25.00
5 Ben Van Den Bosch	52	MMAC	5:55.00
6 Riley Sleeman	32	KSS	6:07.67

Event/Epreuve 21: 200 Medley/QN Rel. - Mixed

Heat/Serie 1			
2 MXa MIDC-200Med-X-200	200	MIDC	2:43.00
3 J MMAC-200Med-X-240	240	MMAC	2:34.00
4 MXb MIDC-200Med-X-160	160	MIDC	2:42.00

Heat/Serie 2			
1 H MMAC-200Med-X-160	160	MMAC	2:32.00
2 F MMAC-200Med-X-100	100	MMAC	2:30.00
3 B AM-200Med-X-160	162	AM	2:04.00
4 Flying B FTST-200Med-X-8	80	FTST	2:30.00
5 G MMAC-200Med-X-120	120	MMAC	2:31.00
6 I MMAC-200Med-X-200	200	MMAC	2:33.00

Event/Epreuve 23: 100 Breast/brasse - Mixed

Heat/Serie 1			
2 Joe Furman	77	MMSC	3:27.96
3 Kim McCormic	38	MMAC	2:30.00
4 Cameron MacDonald	17	MCPSCA	2:40.53

Heat/Serie 2			
2 Charlotte Thomas	72	WM	2:20.00
3 Julia Roy	52	FTST	1:58.20
4 Bobbie Holland	68	WM	2:10.48
5 Vicki Kennedy	69	BMSC	2:30.00

Heat/Serie 3			
1 Terry Kulchycki	53	MIDC	1:40.00
2 Joanna Jarrett	37	FTST	1:35.00
3 Kevin Coyne	28	MMAC	1:22.00
4 Paul Boulding	58	BMSC	1:29.00
5 Neil Ferguson	52	MMAC	1:38.00
6 Rhonda Leger	41	MIDC	1:45.00

Event/Epreuve 25: 100 IM/QNI - Mixed

Heat/Serie 1			
1 Stephanie Lambert	23	MMAC	2:30.00
2 Greg Giesbrecht	62	MIDC	2:05.00
3 Grant Crosby	72	MMAC	2:00.00
4 Chantel Denholm	30	MMAC	2:00.00
5 Colleen Metge	57	MIDC	2:05.00
6 Kim McCormic	38	MMAC	2:30.00

Heat/Serie 2			
1 Alana McKenzie	54	AM	2:00.00
2 Roy Smith	56	MIDC	2:00.00
3 Hugh Brown	65	MMAC	1:55.00
4 Terry Kulchycki	53	MIDC	1:55.00
5 Margaret Pratt	59	WM	2:00.00
6 Ashley Humstead	24	MMAC	2:00.00

Heat/Serie 3			
1 Lesley Clark	63	AM	1:50.00
2 Stephanie Andruchuk	40	MMAC	1:45.00
3 Riley Sleeman	32	KSS	1:33.43
4 Ric Nash	48	MIDC	1:44.00
5 Roy Eldridge	62	Unatt	1:45.00
6 Karen Goulding	44	AM	1:50.00

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Event/Epreuve 25: 100 IM/QNI - Mixed

Heat/Serie 4

1 Justin Goulding	22	AM	1:26.01
2 Shannon Adam	40	MIDC	1:23.00
3 Eric Monteiro	19	MMAC	1:06.00
4 Brett Goldhawk	19	AM	1:15.00
5 Laura Gallaher	45	AM	1:25.20
6 Clayton Case	51	MMAC	1:30.00

Event/Epreuve 27: 50 Butterfly/papillon - Mixed

Heat/Serie 1

2 Catherine Mitchell	24	MMAC	:50.10
3 Bob Modrcin	43	MIDC	:45.00
4 Tom Lynch	47	MIDC	:45.00

Heat/Serie 2

1 Phil LaChapelle	24	FTST	:38.00
2 Doug Fyfe	51	MMAC	:36.00
3 Jacek Siudowski	45	MMAC	:35.00
4 Cheryl Goldhawk	46	MMAC	:35.00
5 Ben Van Den Bosch	52	MMAC	:36.00

Heat/Serie 3

1 Mike Chambers	38	MMAC	:34.00
2 George Dyker	43	AM	:29.88
3 Steve Stothers	48	MMAC	:29.00
4 Eric Monteiro	19	MMAC	:29.00
5 Deanne Bennett	27	FTST	:30.00
6 Edie Fisher	52	KSS	:35.00

Event/Epreuve 29: 50 Back/dos - Mixed

Heat/Serie 1

1 Gabrielle Lindsey Gossen	15	MCPSA	1:34.35
2 Kate Robertson	18	MCPSA	1:18.18
3 Colleen Metge	57	MIDC	1:02.00
4 Fred Stock	81	MMAC	1:12.00
5 Cameron MacDonald	17	MCPSA	1:24.45
6 Kimberly Palmer	34	MCPSA	1:38.43

Heat/Serie 2

1 Bobbie Holland	68	WM	:55.73
2 Sally McGillivray	52	AM	:50.00
3 Wenda Dickens	59	MIDC	:45.10
4 Stephanie Lambert	23	MMAC	:50.00
5 Margaret Pratt	59	WM	:51.78
6 Hugh Brown	65	MMAC	1:00.00

Heat/Serie 3

1 Penny Kelly	56	MIDC	:42.00
2 Ann Pederson	54	GFMSC	:40.00
3 Mike Chambers	38	MMAC	:29.00
4 Steve Stothers	48	MMAC	:33.00
5 Laura Gallaher	45	AM	:40.01
6 Francie Palmer	58	MIDC	:45.00

Event/Epreuve 31: 25 Freestyle/libre - Mixed

Heat/Serie 1

1 Gabrielle Lindsey Gossen	15	MCPSA	:43.70
2 Greg Giesbrecht	62	MIDC	:30.00
3 Natalie Gerbrandt	32	MIDC	:25.00
4 Vicki Kennedy	69	BMSC	:26.72
5 Joe Furman	77	MMSC	:35.46

Heat/Serie 2

1 Grant Crosby	72	MMAC	:25.00
2 Aileen Clark	36	MIDC	:20.00
3 Clayton Case	51	MMAC	:18.00
4 Leah Barnlund	52	MIDC	:20.00
5 Catherine Mitchell	24	MMAC	:22.10
6 Ashley Humstead	24	MMAC	:25.00

Event/Epreuve 33: 25 Breast/brasse - Mixed

Heat/Serie 1

1 Joe Furman	77	MMSC	:41.24
2 Hugh Brown	65	MMAC	:25.00
3 Paul Boulding	58	BMSC	:18.00
4 Karen Armstrong	49	MMAC	:24.90
5 Vicki Kennedy	69	BMSC	:30.90

Event/Epreuve 35: 100 Freestyle/libre - Mixed

Heat/Serie 1

1 Kate Robertson	18	MCPSA	2:31.53
2 Stephanie Lambert	23	MMAC	1:50.00
3 Alana McKenzie	54	AM	1:48.00
4 Chantel Denholm	30	MMAC	1:50.00
5 Fred Stock	81	MMAC	2:10.00

Heat/Serie 2

1 Karen Goulding	44	AM	1:40.10
2 Kim McCormic	38	MMAC	1:40.00
3 Margaret Pratt	59	WM	1:38.68
4 Julia Roy	52	FTST	1:40.00
5 Natalie Gerbrandt	32	MIDC	1:40.00
6 Lana Marcine	61	KSS	1:45.00

Heat/Serie 3

1 Clayton Case	51	MMAC	1:35.00
2 Bob Groff	63	MIDC	1:30.00
3 Ric Nash	48	MIDC	1:25.00
4 Karen Armstrong	49	MMAC	1:28.90
5 Bob Modrcin	43	MIDC	1:30.00
6 Roy Smith	56	MIDC	1:35.00

Heat/Serie 4

1 Paul Boulding	58	BMSC	1:16.00
2 Riley Sleeman	32	KSS	1:14.06
3 Doug Fyfe	51	MMAC	1:12.00
4 Joanna Jarrett	37	FTST	1:12.64
5 Shannon Adam	40	MIDC	1:15.00
6 Ben Van Den Bosch	52	MMAC	1:17.00

Heat/Serie 5

1 Brent McCallum	44	MMAC	1:10.00
2 Phil LaChapelle	24	FTST	1:05.00
3 Eric Monteiro	19	MMAC	:58.00
4 Brian Leier	51	MMAC	1:00.00
5 Edie Fisher	52	KSS	1:10.00
6 Justin Goulding	22	AM	1:11.03

Event/Epreuve 37: 200 Free/libre Rel. - Female

Heat/Serie 1

1 FFB MIDC-200Fre-F-160	160	MIDC	2:41.00
2 C AM-200Fre-F-200	204	AM	2:22.00
3 K MMAC-200Fre-F-100	100	MMAC	2:20.00
4 L MMAC-200Fre-F-120	120	MMAC	2:21.00
5 FFA MIDC-200Fre-F-200	200	MIDC	2:25.00
6 A BMSC-200Fre-F-200	200	BMSC	3:26.00

Event/Epreuve 38: 200 Free/libre Rel. - Male

Heat/Serie 1

1 MFA MIDC-200Fre-M-240	240	MIDC	2:30.00
2 O MMAC-200Fre-M-160	160	MMAC	2:12.00
3 M MMAC-200Fre-M-100	100	MMAC	2:10.00
4 N MMAC-200Fre-M-120	120	MMAC	2:11.00
5 D AM-200Fre-M-100	106	AM	2:20.00
6 MFB MIDC-200Fre-M-160	160	MIDC	2:31.00