

The Canadian Masters Swimming Championship May 18-21, 2007 Pan-Am Pool

- **Swimmers** - The national meets have always been a blast. Come out and experience it. The goal of MSM is to have every Manitoba Masters Swimmer swim in at least one event. Also our club wants to enter some relays and you have to enter one individual event to enter relays. If you enter before March 31st the cost is much cheaper. You can register online at:

<http://www.eventsonline.ca/events/cmssc/>

Club Code is MidCn, Your Provincial Registration Number is on the updated membership list or fill out the registration form and give it to Bob Groff by **Saturday March 31st**.

- **Volunteers** – a meet this large needs lots of volunteers. The meet needs drivers, timers, people sitting at booths etc. Our hope is for everyone to commit at least a little time to this. Sign up for this at:

[<http://www.cmssc2007.ca/volunteers.htm>](http://www.cmssc2007.ca/volunteers.htm)

Annual Mid-Can Progressive Supper – May 12, 2007 Mark your calendar.

For any of you that haven't been out to this – it is the event of the year for Mid-Can. It's a blast and we'd like to see some of the new members out. Please bring your significant other. Each person/couple signs up to bring a dish (appetizer, main course item or dessert). We eat each course at a different house. Each person is responsible for their own refreshments – remember you have to be able to walk – bike etc. This event will be self-propelled. We are still finalizing the houses but they'll be close enough to Bicycle, Walk or Roller Blade from house to house. We are hoping that paddling (canoe or Kayak) will also be an option.

Track Suits

Wenda and Mickey have organized some great track suits. They cost \$97.00 + tax Please, email her at: <wdickens@gov.mb.ca> to ask questions and to order.

Amazon Swim

Terry Kulchycki (our vice president) was inspired when he learned about Martin Strel, an accomplished marathon swimmer who is currently swimming the 5,430 km long Amazon River. He is currently on day 51 of an expected 70 days. You can check his progress at:

<http://www.amazonswim.com/main.php>

Terry has been so inspired he is organizing a team to duplicate the swim. You can contact Terry at: terry.kulchycki@shaw.ca

Pal Temesvari – Coach of the Month Nomination

Rod Clifton and Hanna Cedergreen are preparing a submission to nominate Pal for Global TVs Coach of the Month. Email Hanna <hanna_stevenson@hotmail.com> with items which Hanna can include in the submission. Coaches who are selected as the "Coach of the Month" will be featured on Global Sports the last Monday of the month on the 6:00 pm and the 10:30 pm News. You can look at the process for this at:

[<http://www.coachingmanitoba.ca/recognition_coach_of_the_month.php>](http://www.coachingmanitoba.ca/recognition_coach_of_the_month.php)

Mid-Can Swimming T-Shirts

We still have 10 long sleeved T Shirts for sale. They are sized S to XX. Contact Wenda to purchase one at: wdickens@gov.mb.ca

