

1) Pool Closure: (Annual closure for cleaning)

Our last swim before the closure will be Thursday, August 24, 2006

Our first swim after the closure will be Saturday, Sept 16, 2006

2) Cycle, Walk, Run or Rollerblade Schedule:

(Cross training activities during the pool closure)

Please come out and cross train with us.

Saturdays (August 26, Sept 2 & Sept 9) @ 9:00 am meet at Birds Hill Park - East beach parking lot. (Provincial Park Pass Required) After the inline skating, cycling etc. you can swim in

the lake and then have breakfast at G'News in Oakbank.

Tuesdays (Aug 29, Sept 5 & 12) @ 7:15 pm meet at meet at Assiniboine Zoo at the furthest west parking

lot on Roblin to do the paved trails of Assiniboine Forest and Assiniboine Park

Thursdays (Aug 31, Sept 7 & 14) @ 7:15 pm meet at St. Norbert Community Centre Parking lot.

We'll go down Pembina Hwy, Turnbull Drive and Red River Drive and return.

3) Lane Leaders and Telephone Phone Out: In the event of a pool closure the pool will phone one of the executive who will in turn phone each lane leader, who will be phone each lane member. In the event that the lane leader is not available, another lane member will be called and asked to notify the other lane members. For this reason you should keep a copy of the membership available. The Lane Leaders Are:

| | |
|---------------------------------|----------|
| Lane 1 - Anne Cousineau | 269-6367 |
| Lane 2 - Wenda Dickens | 475-7292 |
| Lane 3 - Roy Smith | 254-6002 |
| Lane 4 - Carrie Smith | 254-6002 |
| Lane 5 - Terry Kulchycki | 254-5890 |
| Lane 6 - Greg Giesbrecht | 254-4275 |

4) Annual General Business Meeting - Oct 21, 2006

The AGM will follow the Saturday morning swim on Oct 21st. Jack Spence and Rod Clifton have worked long hours bringing our constitution up to date. A copy of this is attached. This has been put forward as a motion to be voted on at the AGM. Please read it.

5) National Swim Meet – May 18th, 19th 20th & 21st, 2007

Masters Swimming Manitoba is hosting next years nationals. We want lots of swimmers out and will need lots of volunteers. All the committees have been set up. A Wine and Cheese get together is being planned. The Inn at the Forks has quoted a very good rate for the out of town swimmers. Birchwood Ford has donated vans for transportation. Lots of people are needed to volunteer. If interested, see Shannon. Donations for goody bags are needed. There was a suggestion for Mid Can to donate swim caps. The entry fees will be: \$80 for unlimited event entry and \$30-\$35 for 2 events. In other Swim Manitoba news...Fred Stock will be the new President and MSM needs a secretary.

6) Annual Century Bike Ride – Sunday, Sept 3, 2006

Any club members that wish to join Jack, Mickey, Wenda, Bob and myself on a 100 mile ride please talk to us.

Our usual destination is West Hawk Lake but that will depend on which way the wind blows.

6) Mid-Can Masters 2006 – 2007 Club Registration Fees

The executive has voted to continue the same annual fees. However the term fees will be altered slightly.

€€All Members: \$20 registration fee for MSN€€ (in addition to the membership fee)

Regular Membership:

3 swims a week = \$387

2 swims a week = \$285

1 swim a week = \$210

Full-Time Student Membership:

3 swims a week = \$ 300.00

2 swims a week = \$ 234.00

1 swim a week = \$ 157.50

Drop-in Package: (for once & twice a week members only): 5 swims for \$30 (\$6 per swim)

Membership Forms, and Fees are due by Saturday, September 30th, 2006.

A late fee (\$10.00) is payable for any late membership fee payment.

Forms and cheques may be given to Colleen, or any executive member.

Term Memberships are for 4 months each with payments due: Sept 30, 2006, Jan 2, 2007 and May 1, 2007.

I will be sending out a new membership form with the updated annual and term fees in the next few weeks.